As part of the anaesthetic care for your operation, you have been given a medicine called sugammadex.

Sugammadex (also known as Bridion) is used to speed up recovery of your muscles after an operation.

**Sugammadex can affect hormonal contraceptives so it is important to follow this advice.**

Sugammadex can make hormonal contraceptives - including the ‘Pill’, vaginal ring, implants or a hormonal IntraUterine System (IUS) - less effective because it reduces how much you get of the progestogen hormone. The amount of progestogen lost by using Sugammadex is about the same as missing one oral contraceptive Pill.

- If you are taking **the Pill** on the same day as your operation, follow the instructions for a missed dose in the Pill’s package leaflet.

- If you are using **other** hormonal contraceptives (for example a vaginal ring, implant or IUS) you should use an additional non-hormonal contraceptive method (such as a condom) for the next 7 days and follow the advice in the package leaflet.

Always read the Bridion patient information leaflet for more information.

**Reporting of side effects.** If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or by searching for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.